



PEOPLE HANDLING INSTRUCTORS UPDATE COURSE

The **People Handling Instructors Update Course**

is designed to update existing people handling instructors on current information and guidance on people handling techniques and on **new developments** in this area.

It will broaden your knowledge and skills and enhance the delivery of your training through **improved performance** and **updated techniques**.



- HSE Manual Handling and People Handling Policy and implications for organisations
- eLearning and implications for training
- New professional guidance documents
- The principles of safe hoisting - guidance for training
- Management of the falling and fallen person

COURSE CONTENT

WHY SHOULD YOU ATTEND?

All FETAC manual and people handling instructors are required to maintain their competency levels and skills. This course will facilitate you to:

- Enhance your knowledge and practical skills in people handling
- Provide information on new guidance and developments in this area
- Keep you abreast of developments in people handling equipment
- Receive expert analysis and solutions from leading practitioners
- Share best practise through peer discussion
- Gain CPD points for professional practitioners

TARGET AUDIENCE

The People Handling Instructors Update Course is suitable for current instructors who wish to update their knowledge and skills in order to keep abreast of developments in this area. Participants must have Level 6 FETAC/QQI certification in people handling instruction, or equivalent.

CERTIFICATE

- Occupational Physiotherapy Solutions Certificate of Completion
- CPD: 6.5 CPD points

DELIVERY METHODS

This one day face-to-face, interactive and practical course will be delivered using presentations, skills demonstrations and practice, equipment demonstrations and practice, peer discussions and problem solving sessions.

COURSE OPTIONS

- In-house course – details available on request to info@oops.ie
- Public course – contact info@oops.ie to find out more

PROVIDED

- OPS people handling techniques document.
- OPS people handling PowerPoint training pack.
- Selection of OPS leaflets and posters relevant to manual and people handling.

CHARTERED PHYSIOTHERAPISTS IN HEALTH AND SAFETY AND ERGONOMICS



Occupational Physiotherapy Solutions (OPS) is a QQI (FETAC) quality assured company providing **consultancy** and **training** services in the areas of people handling, manual handling and office ergonomics. The two directors **Muriel Johnson** and **Lelia Jennings** are **chartered physiotherapists** who have specialised in the areas of ergonomics and health and safety.

OPS provide a range of integrated advisory, training and support services to assist employers meet the requirements of workplace health and safety legislation.

These services include:

- Manual and people handling policy development and training
- Manual and people handling risk assessments and handling plans
- Office ergonomics and DSE workstation assessments
- Advice on office equipment and furniture
- Specialised ergonomic workplace assessments
- Assistance with return to work strategies and workplace accommodations

If you are interested in enquiring about any of our consultancy services or booking a place on one of our training courses please email us at info@oops.ie

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