**Occupational Physiotherapy Solutions**

**Manual Handling Update Course**

**New Manual Handling Training System**

**Any manual handling instructor, who currently provides training, must achieve a FETAC Level 6 Certificate in manual handling instruction by April 2012.**

**The FETAC Level 6 Certificate can be achieved by attending a new instructor’s course or through a ‘Recognition of Prior Learning’ Process (RPL).**

**The manual handling update course is a one-day course which aims to** update existing manual handling instructors on current information and guidance on manual handling techniques, and on new developments in this area.

*This course will complement instructors existing knowledge and skills particularly if they are preparing for the RPL process.*

**Potential Candidates should:**

* Have completed a manual handling instructor’s course within the last five years or have attended a manual handling update course within the past five years
* Be currently providing manual handling training in the workplace
* Not have any significant back or knee problems which would restrict participation in the practical element of the course

**Sample Course Programme**

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| **AM Session** | * Introduction
* Review of updated relevant legislation
* Update on FETAC standards and RPL process
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|  | BREAK |
| **AM Session** | * Risk Management
* Ergonomic approach to safer handling
* Manual handling assessments
* People handling assessments
* Principles of safer handling.
 |
|  | LUNCH |
| **PM session** | * Review of inanimate handling techniques
* Delivering training sessions and documentation
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