

# 10 TIPS FOR SAFER HOIST USE

*Make sure you are familiar with the hoist in your work area. The number of carers required for a hoist transfer depends on the assessment of the person and the ability and experience of the carers.*

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1 Check the person's weight is compatible with the weight capacity (SWL) of the hoist.

2 Check the hoist is in good working order and the battery is charged.

3 Choose the appropriate type and size of sling for the person, and ensure the sling is intact.

4 Check your environment. Do you need to move furniture or equipment to create space?

5 Insert the sling using correct handling techniques. Position the hoist so the sling can be easily attached to the spreader bar or frame. Widen the hoist legs if necessary.

6 Check the sling is attached securely to the spreader bar, and is comfortable for the person.



7 Follow the manufacturer's instructions on the use of the hoist brakes.

8 When the person is raised use weight transference to move the hoist.

9 After lowering the person check their position before removing the sling.

10 Maintain a good body posture when detaching and removing the sling.

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