



COMBINED MANUAL AND PEOPLE HANDLING INSTRUCTORS COURSE

*Leading to
QQI Level 6 Special Purpose Certificate in People Handling Instruction (6S0243)*

Safe **manual and people handling** continues to be a major challenge in workplaces.

Training staff as **instructors in manual and people handling** can be an effective method of providing timely and relevant training in this important area.



This nine day Combined Manual and People Handling Instructors Course, covers the following four core modules over a period of seven weeks:

1. Theory in relation to safer manual and people handling
2. Practical manual handling skills
3. Practical people handling skills
4. Presentation/Instructional skills

COURSE CONTENT

- Relevant health and safety legislation
- The structure and function of the back and mechanism of back injury
- Good back-care and prevention of back injury
- The relevance of ergonomics to manual and people handling activities
- Principles of safer handling
- Manual and people handling assessments and handling plans
- Practical manual and people handling techniques
- Use of people handling equipment
- Problem solving skills for more complex handling tasks
- Delivering manual and people handling training courses in the workplace
- Presentation/Instructional skills

WHY SHOULD YOU ATTEND?

The Combined Manual and People Handling Instructors Course is a highly practical and interactive course that provides participants with the knowledge and skills necessary to develop and deliver effective training programmes in both manual handling and people handling in the workplace.

TARGET AUDIENCE

- Participants must have practical experience in the care and handling of people in a health or social care context.
- Participants should ideally be in a senior or supervisory role in their work area, in order to have the authority and confidence to deliver effective training.
- Participants should have good communication skills and be interested in doing the course.
- Participants should not have any significant back, knee or other problems, which would restrict their ability to take part in the practical elements of the course, or to deliver effective training.

CERTIFICATE

- Leading to FETAC/QQI Level 6 Special Purpose Certificate in People Handling Instruction (6S0243) incorporating the FETAC/QQI Level 6 Component Certificate in Instructing People Handling (6N0234) and the FETAC/QQI Level 6 Component Certificate in Instructing Manual Handling (6N0233)
- Occupational Physiotherapy Solutions Certificate of Completion

DELIVERY METHODS

This nine day face-to-face, interactive and practical course will be delivered using presentations, skills demonstrations and practice, equipment demonstrations and practice, peer discussions and problem solving sessions.

COURSE OPTIONS

- In-house course – details available on request to info@oops.ie
- Public course – contact info@oops.ie to find out more

PROVIDED

- Comprehensive course notes.
- OPS people handling PowerPoint training pack.
- Selection of OPS leaflets and posters relevant to manual and people handling.