



IES Continuous Development Workshop series 2015-2016

## Introduction to Physical Ergonomics Risk Assessment

Trinity College Dublin room 3.19 Aras an Phiersaigh-  
30<sup>th</sup> of November 2015  
Program

<b><u>9.00-9.15</u></b>	<b><u>Registration and coffee</u></b>
<b><u>9.15-9.30</u></b>	<b><u>Welcoming note Dr Chiara Leva</u></b>
<b><u>9.30-09.50</u></b>	<b>HSA Perspective on Ergonomics assessment</b> (Frank Power Health and Safety Authority Ireland)
<b><u>10.00-11.00</u></b>	<b><u>Workstation design</u></b> Ita Leyden
<b><u>11.00- 11.15</u></b>	<b><u>Coffee break</u></b>
<b><u>11.15- 11.45</u></b>	<b><u>Physical ergonomics risk assessment standards and requirements)</u></b> <b><u>(ISO/TR 12295, IS/EN1005).</u></b> Dr Leonard O'Sullivan University of Limerick
<b><u>11.45-13.00</u></b>	<b><u>Musculoskeletal loading assessment in the field : e.g. Niosh equations</u></b> <b><u>and or Rula, etc. pros and cons</u></b> Muriel Johnson
<b><u>13.00 14.00</u></b>	<b><u>Lunch</u></b>
<b><u>14.00-15.00</u></b>	<b><u>Advanced/ research methods for musculoskeletal loading assessment</u></b> Dr Leonard O'Sullivan University of Limerick
<b><u>15.00-16.00</u></b>	<b><u>Exercises and applications</u></b>
<b><u>16.00-16.15</u></b>	<b><u>Questions and Answers, concluding remarks</u></b>



The event is to be held in Trinity College, Dublin on the 30<sup>th</sup> of November 2015. Please register by the 20<sup>th</sup> of November 2015.

Fee: Member EUR 100.00

Non – member EUR 150.00

Student & Retired Members EUR50.00

**Registration could be paid via Paypal using the IES website:**

<http://www.irishergonomics.com/component/content/article/18-about-ies/83-ies-continuous-development-workshop-series-2015-2016>

**Or using our bank details via direct transfer by contacting previously the treasurer**

Account name: Ir Erg. Soc.

Bank of Ireland, UL limerick, BIC: BOFIE2D, IBAN no: IE 28 BOFI 9045 7982 6282 20

Account no: 82628220, Sort code: 90-45-79

(If you experience any difficulties processing payment, please don't hesitate to contact the IES Treasurer, Dervla Hogan [Dervla.Hogan@ucc.ie])

Closing date for registration: 20<sup>th</sup> of November 2015.

For info email [levac@tcd.ie](mailto:levac@tcd.ie), [Dervla.Hogan@ucc.ie](mailto:Dervla.Hogan@ucc.ie),

Location: Room 3.19 Aras an Phiarsaigh, TCD

<https://www.tcd.ie/Maps/map.php?b=199>

Refreshment: Tea/coffee and lunch will be provided on the day

Parking: Unfortunately no visitor parking is available on campus. Possible viable options are Park Rite in the IFSC or Fleet Street/Temple Bar car park.

Further info on IES membership can be found on [www.irishergonomics.com/](http://www.irishergonomics.com/)